

The Effect of COVID-19 Pandemic on the Turkish Society

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ABSTRACT

Pandemics leave significant marks on the memories of societies with their permanent impacts. Going beyond a cause of disease or death, they can have consequences in many aspects, psychological, social and economic ones being in the first place. The Covid-19 outbreak, which first emerged in China and has spread to the whole world as of the first months of 2020, has the potential to constitute a breaking the course of history, as well. Turkey is located on the transit point between Asia and Europe with its geographical position, and thus, received its share from the outbreak of Covid-19, which spreads through social contact. The first official case was recorded on 11 March 2020, and then the virus spread rapidly. This study aims to assess the attitude of the public towards Covid-19 at times when the impact of the disease reached maximum. To this end, data were collected from 1586 people with different socio-demographic features through Covid-19 Pandemic Community Scale. The impact of the pandemic on the society was measured in three dimensions as Sensitivity to Pandemic, Protection against Pandemic and Social Trust. The research results showed that the people had high levels of sensitivity to the pandemic, exerted the maximum effort for protection and social trust was above the average although it fell behind the other dimensions. As a consequence, it can be concluded that Covid-19 has had a significant impact on the Turkish people.

Keywords: covid-19, pandemic, covid-19 pandemic community scale

INTRODUCTION

Meanings ascribed to disease and health and their implications on the social arena continue attracting the attention of researchers. During their lifetimes, all living creatures go between health and diseases. Although diseases are personal, the disease starts to influence first the relatives of the patient and then the whole social circle. Issues such as suffering of many people from diseases, clustering of diseases by social layers, social and cultural phenomena of the diseases and inequalities experienced in access to health services lay the ground for the examination of the problem with a sociological perspective. As for pandemics, as they threaten many people with the same disease, they affect societies in a different manner from classical diseases. Pandemics have a particular place in the memories of the societies. They cause large masses to live in a state of fear and anxiety and disrupt the natural flow of the life, and everybody has a particular experience regarding the pandemic. Thus, a medical history to be transferred from one generation to another emerges. The emerging outbreaks can have different impacts on the segments of the society. While these impacts can change by the type of the disease, they can also change from one society to the other depending on the cultural features.

Many major pandemics have occurred throughout history, and the crises associated with pandemics have made great adverse impacts on health, economy and even national security on the world (1). It is known that the germs causing pandemics are as old as the humanity itself, and the history of pandemics goes back a long way. In the 14th century B.C., plague, small pox, leprosy, malaria and cholera affected many parts of the world. Some of these diseases resulted in serious economic and political damages to the societies by causing high numbers of deaths (2). The plague pandemic, which spread between the years 1346-1350 and has come to be known as the “black death”, is one of the pandemics cited as example in history. The pandemic had severe demographic consequences by resulting in the death of 35 million people in China and 25 million people in Europe. It affected some regions and practitioners of some professions much more than the others. The city of Florence lost 75% of its population, and the clergies and physicians, who had higher likelihood for contacting the patients, had higher chances for getting the disease, as well (3). The spread of epidemics or their consequences may vary from one society to the other. Human biology, social environment and lifestyles are the variables affecting the rate and level of spread and consequences of pandemics (4). It has been reported that awareness regarding the epidemic diseases and taking personal and societal measures to counter the spread of the pandemic are important and effective in minimising the negative impacts of the disease

(5). On the other hand, most importantly, pandemics contributed to the development of sciences dealing with the living creatures, and the medical science, in particular. However, they also shook the prestige of institutions such as the church, which had an important place in the society, and thus, made significant social impacts (6).

More recently, different viruses, SARS in 2003, influenza (H1N1) in 2009, MERS in 2012, Ebola in 2014, Zika virus in 2016 and COVID-19 in 2019, affected many people on the world and resulted in high death tolls (7, 8). As the disease spreads to a high number of people; disruption of communal life conditions, closure of schools and loss of social peace due to the measures taken with the aim of eliminating the impacts of the virus inevitably affect social life (9). The pandemics reaching a life-threatening level increase anxiety levels and avoidance behaviours of people, and bring social life to a standstill (10). The labour losses resulting from the effects of epidemic diseases are among the socio-economic losses caused by the diseases. Pandemics damage national economies due to the budget allocated to the prevention and treatment of the disease on a broad sense and socio-economic conditions and individuals and families on a narrow sense (11).

It is useful to address the social impacts of epidemic diseases on macro and micro levels. On a macro level, the relation between globalisation and health is important. According to one of the models explaining the relation of globalisation with health, infectious diseases directly affect health (12). The COVID-19 virus, which was first identified in China in December 2019, primarily reveals the impact of globalisation on health. The spread of the virus almost to the entire world just within about two months has required all countries to deal with the same problem (13). In the globalising world, pandemics and their likelihood to occur frighten people. First Ebola, SARS, avian flu and swine flu and now COVID-19 have emerged. COVID-19 infection can cause serious diseases, which might result in death, and also gives socio-economic damages (14). Many countries allocate significant amounts of budgets with the aim of protecting their citizens against these diseases. Economic crises can happen in the countries where the pandemic emerged or spread to (15). While globalisation is a negative element in the spread of the diseases, it has a positive effect in terms of the discovery and exchange of the treatment method (16). The exchange of global data sets, combination of different areas of specialities from different countries and cooperation on the new technologies that may prevent diseases are only possible through globalisation (17).

One of the aspects of globalisation affecting health is media tools. A disease identified in any part of the world, measures taken with respect to that disease or the situation of the disease can be transmitted to all corners of the worlds through audio, written or visual channels. It is beyond doubt that media has a positive impact when it is assessed in terms of measures and information. However, presenting what actually happens in an exaggerated or provocative manner creates a climate of fear in the society. This affects the psychological health of the people, who does not even suffer from the endemic disease, in a negative manner (17,18, 19). Different explanations by different experts on the disease cause confusions about what is wrong and what is correct, and all kinds of manipulative information can be circulated rapidly through social media. An agenda full of pandemic, number of cases and death toll has serious impacts on the community psychology.

On the micro level, social distancing stands out. Social distancing consists of measures such as keeping physical distance among individuals in the society with the aim of preventing the spread of contagious diseases such as COVID-19 (10). There are studies showing that these measures managed to prevent the spread of the virus in China (20). Although social distancing affects every individual within the society, it can be claimed that the group affected at most by this situation is the elderly. Since the elders have chronic diseases and have weak immune systems, they are at higher risk of suffering from the negative effects of COVID-19 (21,22). Therefore, significant measures are taken for protecting the elders against this virus. The elderly can be protected against virus through social distancing, which is one of the most important measures, but different problems can accompany. Courtin and Knapp reported that social isolation and loneliness had negative impacts on physical and mental health in old age (23). Pandemics, which require the isolation of the patients or suspected patients from the rest of the society, have caused the isolation of regions where disease is detected (6).

Another important social issue is "stigmatisation". Stigmatisation is the action of disgracing an individual in the eyes of the society by declaring that individual defective due to any handicap, race, dependence or any disease considered to be risky by the society (24). With the spread of COVID-19 pandemic to the whole world, many people/groups including the elders, travellers, foreigners, healthcare professionals, patients and their relatives have become targets. The individuals refraining from stigmatisation might hide their diseases and thus, can facilitate transmission. Also, the concern of stigmatisation can forestall the disease and negatively affect treatment (21). The news about the allegation that a person of Afghan origin, who was fishing, was stabbed by a person who said 'You are bringing corona virus here' (25) proves that foreigners have been stigmatised about the spread of COVID-19 virus. It is certain that the stigmatised individuals have difficulties in the social processes. According to the results of the study conducted by Bird et al, the patients with HIV face challenges in the use of healthcare services (26).

Various epidemic diseases, which have spread in recent years, result in a fear of disease in the society and also require countries to ensure their own safety in the field of health. In today's world where wars are not waged only through guns, the field of health is considered to be risky, as well. Despite the expansion of individual freedoms in the 20th century, an environment of insecurity is in question. This situation causes societies to constantly feel themselves under risk (27). Epidemic diseases have negative social impacts on the patients and their relatives as well as high treatment costs and labour losses. Providing protective healthcare services aiming at preventing pandemics and taking the necessary measures before the outbreak of the diseases are more advantageous approaches in the long term (28).

The features of a pandemic can be listed as follows: spread over a wide geographical area, disease movement, novelty, severity, high spread rates and reproduction, minimal population immunity and infectiousness and contagiousness (1). The COVID-19 outbreak possesses all these features. As a new type of virus, it has spread to almost all countries and has fatal effect on the elderly patients and those having another chronic disease.

In Turkey, the first official case diagnosed with COVID-19 was announced on 11 March 2020, and the first death was

recorded on 17 March 2020. Following the first case, numbers have rapidly increased, and the number of cases exceeded 10.000 while the death toll exceeded 150 in 20 days (29). For the management of the process, Ministry of Health established a scientific board and developed strategies to fight against COVID-19 in line with the recommendations of the board. With the aim of containing the virus, trips abroad were taken under control, domestic trips were restricted, a curfew was imposed on the citizens over the age of 65, formal education in the schools was halted and distance education system was introduced. The package called as “Economic Stability Shield” in order to minimize the effects of the pandemic on the economy. The experiences of countries such as China where the virus emerged and Iran and Italy, which met the virus earlier, cause concerns and anxiety among the Turkish society.

Rolland identified three phases in the development of a disease: *crisis*, *chronic* and *terminal*. The *crisis phase* covers the first period of adaptation and acceptance, the *chronic phase* is the period when the patient and the family try to cope with certain psychological and social permanent changes caused by the disease, and the *terminal phase* covers the period when the death becomes apparent and dominates family life, the death, the period when the family grieves and mourns over the death and the return to normal family life following the loss (30). If we adapt this model to a society fighting with a pandemic, the *crisis phase* is the period when the first cases are reported and the society faces the disease, the *chronic phase* is the period when the society starts to fight with the disease and transforms itself according to it, and the *terminal phase* is the period when the pandemic is eradicated and the resulting damage is compensated. We can state that Turkey is now going through the chronic phase.

Today the phenomenon of health/disease is not only a personal, biological issue but has turned into a political, economic, societal and technological issue (31). This study aimed at examining the social implications of COVID-19 by addressing the case of Turkey. The study also aimed to reveal the attitude of the society towards COVID-19 and how it was affected by the pandemic at a time when its impact reached the maximum. Since an assessment on the approach of the general public towards the pandemic in a period when it reaches the peak will be a reference for future studies, this research is deemed important.

MATERIAL AND METHODS

Research Population and Sample

The population of the research consists of Turkey and the people living in Turkey. Due to the COVID-19 pandemic, which is the subject of the study and is still ongoing in Turkey and around the world, social isolation and social distancing are being implemented as legal requirements.

Under these conditions, data collection can be carried out via internet only by using digital tools. Therefore, the data of the study were obtained through a survey created on Google search engine. For the participation in the survey, announcements were made on social media. Since it was not possible for the researchers to determine the participants in the digital environment, convenience sampling was used in data collection.

In addition, convenience sampling was selected since this method makes data collection process easier, more cost effective and faster when compared to the other sampling techniques.¹

The data collection process started on 3.29.2020 at 0:29:14 and ended on 3.29.2020 at 23:20:50. The total duration is about one day. In this period of time, 1586 valid surveys were submitted. This figure is considered to be adequate for the population of the research.

Data Collection Tools

Data of the research were collected in two parts: question form for demographic information and “COVID-19 Pandemic Community Scale.”

Demographic Information: Demographic attributes of the participants consist of two open-end questions examining the status of facing with COVID-19 pandemic and the success of the countries in the fight against the pandemic. In this part, information of the participants with respect to profession, education level, gender, age, income, place of residence, contacting COVID-19, taking test, being infected and receiving treatment.

COVID-19 Pandemic Community Scale: The scale was drafted in accordance with the information about the pandemic, literature review, preliminary interviews held with the individuals in the society as well as the opinions of physicians, healthcare professionals and scholars specialised in the field. It was reviewed by seven scholars specialised in the field, some questions were left out, statements were revised, and as a result, it was restructured with 34 statements in total.

SPSS program was used in the validity and reliability tests of COVID-19 Pandemic Community Scale. Factor analysis was conducted to assess the construct validity of the items of the scale. Kaiser-Meyer-Olkin (KMO) test was carried out for the sample number, and it was determined as 0,882. Also, the results of Bartlett Globality Test were used to determine whether the inter-item correlation was significant, and it was determined that it was significant at the 0.001 level (Approx. Chi-Square: 16748,112/ df: 378/ sig: 0.000). Principal components method with “Direct Oblimin” rotation procedure was applied to size the items. Scale items with factor loads of 0.40 and above are defined as high loading.² In the scale consisting of 34 items, six items were left out due to inadequate factor loadings, and the final scale included 28 items. Accordingly, all items had factor loadings above 0.40. It can be stated that the scale items have high factor loadings. COVID-19 Pandemic Community Scale had three factors. These were named as Sensitivity to Pandemic (12 items), Protection against Pandemic (7 items) and Social Trust during Pandemic (9 items). The level of the factors constituting the scale to explain the variance was calculated as 44.257 in total (Sensitivity to Pandemic - 15,490; Protection against Pandemic - 10,883; Social Trust during Pandemic -17,885). Cronbach’s Alpha coefficient was checked for the reliability analysis of the scale and was found as 0.796. Thus, it can be argued that the scale had a Cronbach α coefficient higher than 0,60, and thus, had high reliability. Besides that this study Complies with The World Association of Physicians (DTB) Helsinki Declaration (2013) ethical rules. Data were analysed in the SPSS package program through frequency and significance tests.

Table 1. Frequency Distribution of Demographic Variables (April 4th, 2020)

Variable	N	%	Variable	N	%
1. Profession			6. Place of residence		
Public official	395	6.8	Province/Centre	1020	64.3
Worker	108	6.8	District/Centre	363	22.9
Housewife	63	4.0	Village	67	4.2
Retired	57	3.6	6. Marital status		
Unemployed	27	1.7	Married	785	49.5
Student	545	34.4	Single	762	48.0
Healthcare professional	156	9.8	Widow	39	2.5
Self-employed	235	14.8	7. Whom do you live with?		
2. Education Level			Family	1361	85.8
Primary or secondary school	31	2.0	Alone	114	7.2
High school or vocational high school	138	8.7	Friends	53	3.3
Associate degree	194	12.2	Dormitory	58	3.7
Bachelor's degree	859	54.2	8. Have you ever come across a Covid-19 positive patient?		
Graduate degree	364	23.0	Yes	60	3.8
3. Gender			No	1526	96.2
Female	803	50.6	9. Has any one of your relatives been diagnosed with Covid-19?		
Male	783	49.4	Yes	48	3.0
4. Age			No	1538	97.0
≥29	742	46.8	10. Have you been tested for Covid-19?		
30-39 age range	346	21.8	Yes	8	0.5
40-49 age range	294	18.5	No	1578	99.5
50-59 age range	161	10.2	11. If you have, what is the result?		
60≤	36	2.3	Positive	4	50.0
5. Average monthly income			Negative	4	50.0
0-2500 TL	478	30.1	12. If you have been infected by the virus, what is your current situation?		
2.501-5.000 TL	493	31.1	No symptoms, under quarantine	1	25.0
5.001-10.000 TL	425	26.8	Inpatient treatment	2	50.0
10.000+ TL	77	7.1	Recovered	1	25.0

RESULTS

Results related to the demographic information of the participants and the variables concerning COVID-19 are given in **Table 1**.

When the data in the **Table 1** are examined, it is seen that students stand out with 34.4% in the distribution of the participants by profession and they are followed by public officials, self-employed and healthcare professionals. It is thought that the collection of data via internet increased the participation of students. Although the holders of bachelor's and graduate degrees have higher shares in the distribution of education levels, it is understood that the graduates of associate degree programs, high schools, primary and secondary schools are represented at a significant level. Since data were collected in the internet environment, high participation rates of those with higher education levels are an expected situation. The distribution of female and male participants is almost equal.

Although the age distribution shows that young participants are dominant among the participants with 46.8% of them being under the age of 29, it is clear that there are participants from all age groups. In terms of income level, the first three groups are close to one another. 64.3% of the participants live in provinces, 22.9% of them live in district centres and 4.2% of them live in villages. This distribution resembles to the general distribution of the country. The rates of the married and single participants are too close. Finally, the rate of the participants living with their families is considerably high (85.8%).

According to the results, only 60 participants came across a COVID-19-positive patient, eight participants were tested for COVID-19 and four of them were found positive. Out of these four patients, one patient did not show symptoms, two patients received inpatient treatment and one patient recovered.

Frequency distribution of the items included in the components of the COVID-19 Pandemic Community Scale titled Sensitivity to Pandemic, Protection against Pandemic and Social Trust during Pandemic is given in **Table 2**.

According to these findings, the society in general acts more sensitively in terms of protection against pandemic (4.40). However, it can be stated that the averages of Sensitivity and Social Trust factors are good. The society displayed the highest reaction in relation to disagreement with the view that it does not cause harm to us (4.56). The highest rates were obtained in the following protective measures, respectively: hygiene (4.7), social distancing (4.57) and staying at home (4.50). Also, the participants stated that the people that they are living with comply with the rules, as well (4.41). In terms of social trust factor, there is high level of trust in the health system and hospitals (4.07), in the authorities (3.84) and in the accuracy of the decisions taken by the state (3.73) in the fight against COVID-19. However, there are concerns about the appropriateness of the economic measures (2.87). There is moderate level of hope concerning the eradication of the pandemic in the summer months. The fight of Turkey against COVID-19 is not found successful when compared to the Western countries. Also, the rate of the participants agreeing with the statement that "COVID-19 has showed that the countries deemed to be powerful are not that powerful" is high (4.18).

Table 2. Frequency Distribution of Covid-19 Pandemic Community Scale (April 4th, 2020)

Items	Examination of the Social Impact of the Covid-19 Pandemic										\bar{x}	SS
	Totally disagree		Disagree		Partially agree		Agree		Totally agree			
	n	%	n	%	n	%	n	%	n	%		
Sensitivity to Covid-19 Pandemic											3.78	0.055
1. Covid-19 makes me really anxious.	49	3.1	83	5.2	339	21.4	407	25.7	708	44.6	4.035	1.070
2. After Covid-19, I started remembering death more often.	163	10.3	164	10.3	352	22.2	348	21.9	559	35.2	3.615	1.328
3. Covid-19 has made me mentally depressed.	263	16.6	288	18.2	417	26.3	244	15.4	374	23.6	3.112	1.389
4. I have adjusted my whole life according to Covid-19 pandemic.	160	10.1	209	13.2	363	22.9	366	23.1	488	30.8	3.512	1.317
5. I feel concerned about transmitting Covid-19 to the people I live with.	98	6.2	106	6.7	206	13.0	323	20.4	852	53.8	4.088	1.128
6. I am concerned about transmitting Covid-19 to a relative/friend and causing someone's death.	84	5.3	99	6.2	193	12.2	284	17.9	926	58.4	4.178	1.183
7. I do not approve the view that 'Covid-19 is not something to fear and is being exaggerated unnecessarily'.	40	2.5	99	6.2	203	12.8	339	21.4	905	57.1	4.15	1.057
8. I do not adopt the attitude that 'I have not been affected by Covid-19 at all'.	61	3.8	87	5.5	261	16.5	310	19.5	867	54	4.18	1.119
9. I disagree with the view that Covid-19 does not cause harm to us.	26	1.6	37	2.3	128	8.1	232	14.6	1163	73	4.56	0.863
32. Covid-19 has increased my sensitivity concerning pandemics.	11	0.7	37	2.3	164	10.3	512	32.3	862	54.4	4.372	0.814
33. Covid-19 has changed my consumption understanding in terms of economy.	75	4.7	128	8.1	356	22.4	503	31.7	524	33.0	3.802	1.124
34. During the Covid-19 pandemic, significant changes are taking place in my personal behaviours in favour of human sensitivity.	55	3.5	94	5.9	287	18.1	495	31.2	655	41.3	4.009	1.069
Protection against Covid-19 Pandemic											4.40	0.050
10. I take notice of the warnings of the authorities on Covid-19.	19	1.2	12	0.8	67	4.2	313	19.7	1175	74.1	4.647	0.708
11. I have enough knowledge about Covid-19.	19	1.2	29	1.8	251	15.8	670	42.2	617	38.9	4.158	0.838
12. I have adequate personal protective materials.	85	5.4	137	8.6	381	24.0	549	34.6	434	27.4	3.699	1.119
13. I comply with the general and hand hygiene rules for protection against Covid-19.	4	0.3	2	0.1	34	2.1	281	17.7	1265	79.8	4.766	0.509
14. I practise social distancing as a protection against Covid-19.	8	0.5	12	0.8	99	6.2	408	25.7	1059	66.8	4.570	0.689
15. I stay at home as a protection against Covid-19.	41	2.6	43	2.7	101	6.4	289	18.2	1112	70.1	4.505	0.922
16. People that I live with comply with personal measures and hygiene rules.	9	0.6	16	1.0	144	9.1	434	27.4	983	62.0	4.491	0.748
Social Trust in the Fight against Covid-19 Pandemic											3.48	0.82
18. I trust in the authorities in the fight against Covid-19.	102	6.4	105	6.6	331	20.9	445	28.1	603	38.0	3.846	1.187
19. I trust in the information provided by media in the fight against Covid-19.	162	10.2	206	13.0	521	32.8	436	27.5	261	16.5	3.269	1.183
22. I trust in our health system and hospitals in the fight against Covid-19.	59	3.7	63	4.0	288	18.2	473	29.8	703	44.3	4.070	1.055
23. I trust in the accuracy of the measures taken by the government in the fight against Covid-19.	117	7.4	141	8.9	330	20.8	460	29.0	538	33.9	3.732	1.223
24. I trust in the correct implementation of the measures in the fight against Covid-19.	123	7.8	153	9.6	431	27.2	471	29.7	408	25.7	3.559	1.191
25. I trust in the appropriateness of the economic measures taken with respect to Covid-19.	372	23.5	260	16.4	393	24.8	314	19.8	247	15.6	2.876	1.381
26. I think that we are more successful than the Western countries in the fight against Covid-19.	193	12.2	171	10.8	385	24.3	372	23.5	465	29.3	3.469	1.335
27. I think that Covid-19 pandemic will lose its effect with summer.	178	11.2	204	12.9	523	33.0	400	25.2	281	17.7	3.253	1.214
28. Covid-19 has showed that the countries deemed to be powerful are not that powerful.	44	2.8	70	4.4	262	16.5	379	23.9	831	52.4	4.187	1.039

Table 3. Professions of Participants (April 4th, 2020)

	N	Mean	Std. Deviation	F	P	
Sensitivity	Worker	108	3.7122	.63141	3.950	.000
	Public official	395	3.7527	.56536		
	Housewife	63	3.8690	.54844		
	Retired	57	3.5175	.57729		
	Unemployed	27	3.8765	.58167		
	Student	545	3.8327	.54190		
	Healthcare professional	156	3.8307	.56245		
	Other	235	3.7110	.51082		
	Worker	108	4.3955	.45243		
	Public official	395	4.3888	.50888		
Protection	Housewife	63	4.5170	.47479	2.088	.042
	Retired	57	4.3759	.50984		
	Unemployed	27	4.4550	.67010		
	Student	545	4.4511	.47886		
	Healthcare professional	156	4.3178	.48860		
	Other	235	4.3678	.55591		
	Worker	108	3.3870	.99156		
	Public official	395	3.5754	.75116		
	Housewife	63	3.6333	.80942		
	Retired	57	3.1772	.96084		
Social trust	Unemployed	27	3.0111	.78266	16.104	.000
	Student	545	3.6822	.75566		
	Healthcare professional	156	3.2327	.77060		
	Other	235	3.1774	.79542		

According to the data given in **Table 3**, the retired think in a different way from healthcare professionals, housewives and students, and they are less sensitive to COVID-19 pandemic. It is observed that housewives are more rigorous about protection measures. Also, social trust levels of students, housewives and public officials are higher than the other groups.

It was observed that the education levels caused difference in terms of social trust factor (F:3227 P: 0.012). Findings show that social trust levels of primary and secondary school graduates are higher when compared to those of the holders of postgraduate degrees.

It was determined that female participants were more careful about COVID-19 pandemic when compared to male participants in all of three factors.

It was concluded that the group having an income level of 0-2500 TL had higher levels of sensitivity and social trust when compared to the group with an average income of 5001-10000.

It is seen that those in the age group of 50-59 have lower sensitivity levels and are less likely to take protective measures when compared to the other groups. Also, in terms of social trust, those aged 29 and below have higher social trust levels when compared to the age groups of 30-39 and 40-49.

With two open-ended questions in the study, participants were asked to write the three most successful and unsuccessful countries in the fight against the pandemic. Accordingly, participants listed the top three most successful countries in the fight against COVID-19 pandemic as China (731 times), Turkey (611 times), South Korea (593 times), respectively. Germany (493 times) was mentioned as successful in the fight against the pandemic, as well. Among the top three most unsuccessful countries in the fight against COVID-19 pandemic, Italy (1299 times), Spain (692 times) and the USA (514 times)

Table 4. Age Variable of Participants (April 4th, 2020)

	N	Mean	Std. Deviation	F	P	
Sensitivity	≥29	742	3.8214	.54429	9.690	.000
	30-39	346	3.8276	.53313		
	40-49	294	3.7443	.55188		
	50-59	161	3.5595	.59980		
	60≤	36	3.5718	.64308		
Protection	≥29	742	4.4257	.49422	3.613	.006
	30-39	346	4.4096	.51970		
	40-49	294	4.3897	.47331		
	50-59	161	4.2964	.57578		
	60≤	36	4.5992	.36272		
Social trust	≥29	742	3.5891	.77362	6.355	.000
	30-39	346	3.3382	.83332		
	40-49	294	3.4310	.84342		
	50-59	161	3.4373	.86471		
	60≤	36	3.4972	.83409		

were listed respectively. Iran (351 times) and Britain (309 times) are among the countries considered to be unsuccessful in the fight against COVID-19 pandemic, as well.

DISCUSSION

As a conclusion, Turkey has just started its struggle against the COVID-19 pandemic, which broke out in China and spread to Turkey among other countries. Although it seems that the pandemic in Turkey is under control thanks to the measures and actions taken so far, the COVID-19 outbreak has the potential to get out of control and explode at any time. Under these circumstances, knowing the approach of the society towards the phenomenon and making plans and changing the practices accordingly are important.

According to the results of this study, although the Turkish society does not react to the epidemic with excessive sensitivity, indifference is not acceptable for the Turkish society, as well. Turkish people take compliance with the protective measures seriously. They pay attention to the warnings about washing hands and hygiene, social distancing and staying at home. Also, it has been observed by the participants that the society has a tendency to comply with the rules. There is trust in the authorities, health system and hospitals and accuracy of the decisions taken by the state in the fight against pandemic, and people attach importance to the information provided by the media channels as well as the correct implementation of decisions. Participants are cautious about the termination of the pandemic in the summer months and do not find Turkey much more successful than the other countries in the fight against pandemic. They state that all countries are weak against the pandemic. Finally, there are concerns about the economic measures taken.

General approaches of housewives, public officials, students, women and the young in relation to the fight against pandemic seem to be more positive. Results show that those with lower education and income levels have higher social trust levels. Also, participants find China, Turkey and South Korea successful in the fight against COVID-19 while Italy, Spain and the USA are among the unsuccessful ones.

The struggle against COVID-19 is a long and exhausting process. In this process, people need to have patience and fortitude, to maintain positive communication and to meet

their basic needs without problem. This study was conducted just in the initial phase. It is highly crucial that the people, who stay at home and break out of the routine, maintain their patience and survive this tragic period in psychological and economic terms. As the time prolongs, societal attitudes may change. Thus, the authorities should continue their transparent and informative attitudes with the aim of preserving and even enhancing social trust, and the media should broadcast by taking the social psychology into consideration. Maybe most importantly, information should be provided or actions should be taken in order to enhance the social trust related to the economic measures.

The authorities should continue the struggle through sustainable strategies, policies and practices to attain success with the measures taken. It is essential to make the positive support provided by the society to the fight against pandemic sustainable.

Similar scholarly works should be conducted at certain intervals with the aim of tracking changes and should be published without delay to help the authorities review their plans and practices.

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